

1 IN 5 MUMS GETS DEPRESSED

You are no longer alone

Chums 4 Mums

YOU CAN JOIN TODAY

Victoria changed her life



'I've never made such good friends'



EASY THOUSANDS OF MUMS REGISTERED



Every mum welcome, you just go to...



chums4mums.co.uk

We phone



We text



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THERE'S A CHUM FOR EVERY MUM